

## Confirmation Letter of Intent

In renewing my baptismal vows, I profess my Catholic Faith in the Creed and renounce Satan. It is my intent in both Faith and practice to embrace the **entire** law of Christ contained in the Catholic Church; which includes being faithful to the teachings of the Holy Father in regards to issues of faith and morals (i.e. issues such as abortion). I promise to follow the precepts of the Church both now and after Confirmation.

Confirmation Candidate's Printed Name:

No Nick Names!	FIRST	MIDDLE	LAST
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Confirmation Candidate's Signature	Date
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### Precepts of the Church

- 1.** To assist at Mass on all Sundays and holydays of obligation.
  - a. Jan. 1 – Solemnity of Mary
  - b. 40 days after Easter – Ascension Thursday
  - c. Aug. 15 – Assumption of Mary
  - d. Nov. 1 – All Saints' Day
  - e. Dec. 8 – Immaculate Conception
  - f. Dec. 25 – Christmas
- 2.** To fast and abstain on the days appointed.  
*(The Church's current regulations in the U.S. require fasting and abstinence from meat on Ash Wednesday and Good Friday; and abstinence from meat on the Fridays during Lent.)*
- 3.** To confess our sins at least once a year in the sacrament of Penance.
- 4.** To receive Holy Communion worthily during the Easter Season.  
*(To receive Holy Communion worthily, one must: observe the Eucharistic Fast of one hour before receiving Holy Communion; Be in the state of grace, Believe that Holy Communion is the true Body, Blood, Soul and Divinity of our Lord and Savior, Jesus Christ.)*
- 5.** To contribute to the support of the Church (e.g. through contributions including time and talent.)
- 6.** To observe the laws of the Church concerning marriage.