

# Parent Policy Agreement

## Precepts of the Church

1. To assist at Mass on all Sundays and holydays of obligation.
  - a. Jan. 1 – Solemnity of Mary
  - b. 40 days after Easter – Ascension Thursday
  - c. Aug. 15 – Assumption of Mary
  - d. Nov. 1 – All Saints’ Day
  - e. Dec. 8 – Immaculate Conception
  - f. Dec. 25 – Christmas
2. To fast and abstain on the days appointed.  
*(The Church’s current regulations in the U.S. require fasting and abstinence from meat on Ash Wednesday and Good Friday; and abstinence from meat on the Fridays during Lent. Every Friday is a day of sacrifice.)*
3. To confess our sins at least once a year in the sacrament of Penance.
4. To receive Holy Communion worthily during the Easter Season.  
*(To receive Holy Communion worthily, one must: observe the Eucharistic Fast of one hour before receiving Holy Communion; Be in the state of grace, Believe that Holy Communion is the true Body, Blood, Soul and Divinity of our Lord and Savior, Jesus Christ.)*
5. To contribute to the support of the Church.
6. To observe the laws of the Church concerning marriage.

**As the parent of a Confirmation Candidate, I promise to fully assist in my child’s preparation for the Sacrament. I assure that my child will continue to study the Catholic Faith and will regularly attend Mass and receive the Sacrament of Penance before and after Confirmation. I will help my child grow in understanding and respect of the Precepts of the Church.**

Parent’s Signature \_\_\_\_\_

No Nick Names!

FIRST

MIDDLE

LAST

\_\_\_\_\_ Date